



SEPTEMBER MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 B: Bagels & Cream Cheese, Apples, Milk L: Chicken Patty, Broccoli, Peaches, Milk S: Apples, Cheez-Its	2 B: Egg Bites, Toast, Blueberries, Milk L: Fish Sticks, Mac & Cheese, Green Beans, Pineapples, Milk S: Graham Crackers, Grape Juice	3 B: Cereal, Banana, Milk L: Cheese Ravioli/Marinara, Peas & Carrots, Pears, Milk S: Cheese Cubes, Apple Slices	4 B: Apple-Cinnamon Muffin, Mixed Fruit, Milk L: Meatballs, Rice, Green Beans, Oranges, Milk S: Yogurt, Berries
7 CLOSED FOR LABOR DAY	8 B: Cereal, Strawberries, Milk L: Chili Mac, Black Beans, Carrots, Pears, Milk S: Goldfish, Oranges	9 B: Cranberry Orange Muffin, Milk L: Grilled Cheese, Tomato Soup, Fruit Cocktail, Milk S: Yogurt, Peaches	10 B: Eggs, Biscuit, Mandarin, Milk L: Meatballs, Mac & Cheese, Green Beans, Peaches, Milk S: Banana Pudding, Graham Crackers	11 B: Banana Muffin, Berries, Milk L: Cheese Pizza, Broccoli, Pineapples, Milk S: Cinnamon Raisin Bread, Bananas
14 B: WG Cereal, Fresh Oranges, Milk L: Broccoli Cheddar Soup, Crackers, Oranges, Milk S: Animal Crackers, Applesauce	15 B: Toast, Eggs, Blueberries, Milk L: Fish Sticks, Green Beans, Peaches, Milk S: Cheez-Its, Mixed fruit	16 B: Bagels w/ CC, Strawberries, Milk L: Taco Soup, Rice, Mixed Veggies Oranges, Cornbread, Milk S: Sun Chips, Cheese Sticks	17 B: Waffles, Bananas, Milk L: Turkey & Cheese Sandwich, Broccoli, Pears, Milk S: Goldfish, Oranges	18 B: Cinnamon Raisin Bread, Apples, Milk L: Cheeseburgers, Fries, Fruit Cocktail, Milk S: Yogurt Bars w/ Fruit
21 B: Blueberry Muffin, Milk L: Chicken Alfredo, Broccoli, Oranges, Milk S: Graham Crackers, Bananas	22 B: Eggs, Bacon, Toast, Strawberries, Milk L: Sloppy Joes, Sweet Potato Fries, Peaches, Milk S: Banana Pudding, Graham Crackers	23 B: Biscuits, Sausage Links, Strawberries, Milk L: Chicken Nuggets, Mashed Potatoes, Peas & Carrots, Apples, Milk S: Cinnamon Raisin Bread, Bananas	24 B: Bagels w/CC, Strawberries, Milk L: Chicken Noodle Soup, Crackers, Peas & Carrots, Pears, Milk S: Cheez-Its, Apples	25 B: Toast, Yogurt, Strawberries, Milk L: Fish Sticks, Green Beans, Pears, Milk S: Cheese Cubes, Crackers
28 B: Cereal, Banana, Milk L: Chicken Spaghetti, Peas & Carrots, Peaches, Milk S: Banana Pudding, Graham Crackers	29 B: Waffles, Blueberries, Milk L: Spaghetti, Green Beans, Peaches, Milk S: Yogurt Bars w/ Fruit	30 B: Cinnamon Toast, Mandarin, Milk L: Chicken & Rice Casserole, Broccoli, Pears, Milk S: Animal Crackers, Applesauce		

Notes: **Whole milk will be provided for 1-2 years of age, and 1% milk will be provided for all children over the age of 2. Milk is served at breakfast, lunch, and snack time if requested. ***Water is offered throughout the day***

Key: **WG** = Wheat grain **MG** = Multi grain **CC** = Cream cheese **BB** = Blueberries **HM** = Homemade **B** = Breakfast **L** = Lunch **S** = Snack